

Welcome to our Let's talk Dementia Day

Let's talk
Dementia

Featuring



Dr Rosemary Leonard

Meet Dr Rosemary Leonard, a practicing NHS GP and media figure, who through her work has seen and heard from a lot of people with dementia and especially their carers. Drawing from this, she provides valuable advice for those concerned about dementia.



tide (together in dementia everyday) – Ray's story

Meet Ray as she shares her moving story within the supportive community of tide, dedicated to empowering unpaid caregivers and amplifying their voices.



Jane Clarke

Meet Jane Clarke, who is deeply passionate about ensuring that those living with dementia receive nutritious meals while maintaining their dignity, even during the most challenging times.

Jane also understands that carers seldom prioritise themselves and believes that good nutrition is essential for ensuring carers eat well and stay healthy.

