# Welcome to our **Let's talk** Dementia Day



# We've partnered with Let's talk Dementia to host an event aimed at starting the conversation.

The event will feature a presentation, including short films, to raise awareness about dementia, highlight the importance of early diagnosis, provide guidance on next steps, and offer helpful information and support for both individuals living with dementia and their caregivers. We'll be sharing important information and incredible stories.



Featuring

#### **Dr Rosemary Leonard**

Meet Dr Rosemary Leonard, a practicing NHS GP and media figure, who through her work has seen and heard from a lot of people with dementia and especially their carers. Drawing from this, she provides valuable advice for those concerned about dementia.





### tide (together in dementia everyday) – Ray's story

Meet Ray as she shares her moving story within the supportive community of tide, dedicated to empowering unpaid caregivers and amplifying their voices.

## Jane Clarke

Meet Jane Clarke, who is deeply passionate about ensuring that those living with dementia receive nutritious meals while maintaining their dignity, even during the most challenging times.

Jane also understands that carers seldom prioritise themselves and believes that good nutrition is essential for ensuring carers eat well and stay healthy.



For further information visit www.letstalkdementia.co.uk



The **Let's talk Dementia** campaign has been developed and funded by Luye Pharma Ltd.

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